

12 Challenges for 2012

<h3 style="margin: 0;">Challenge</h3> <h1 style="margin: 0;">8</h1>	<p style="text-align: center;">This month, we encourage you to:</p> <h2 style="text-align: center; color: red;">Get Energized About School!</h2> <p>To help you achieve this goal we've included some school related resources and tips. For more information, feel free to contact the FSS Team by replying to this email.</p>
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Planning Ahead!

Important Tips for Adults Returning to School!

Identify your Academic Goals

Before you enroll in any program you should first identify what type of program is best for you! Identifying which program is right for you will make the experience an enjoyable one and it can also help you get through the program at a faster rate.

Make an Action Plan

The next step is to make a roadmap! If you have gone to school before and have college credit you should search for that information at the school you previously attended so you can make sure to know which classes you do not have to take again! Once you have all the information you need and you have your educational goal, it is time to search for the right program for you! Depending on which educational goal you chose you can choose from these different programs:

- * **Certificate:** Signifies the completion of a specialized number of courses mainly vocational or technical training.
- * **Associates Degree:** The completion of two years of full-time academic study or a total of 60 semester units. An Associate of Arts or an Associates of Science are often offered by community and junior colleges.
- * **Bachelor' Degree:** Generally compromises four years of full time academic study or 120 semester units. You can obtain a Bachelors degree by attending a four year Public or Private university.

Visit the School and A Counselor

Once you have done your research and think you may have found the right institution for you take a campus tour and make sure to talk to a career or academic counselor! This can help you to see first hand how the campus life is and how great the academic or career counselors are when steering you into your new direction!

By choosing to make an Action Plan you can make searching for a school a more relaxed journey!

For more information please refer to this website: <http://www.back2college.com/library/gettingstarted.htm>

Student's Resources



New Horizons Program!

Are you enrolled in a Career-Technical or Vocational Program at San Diego City College? If so, the New Horizons Program may be able to assist you. Program services can include:

- * Textbook loans
- * Public transportation
- * "One Stop" Student Academic Planner
- * "Hit the Books" study skills booklet
- * Referrals to campus and community resources
- * Non-traditional career information
- * Life skills and job search information



For more information please visit their website at www.sdcity.edu/NewHorizons or check out the attached flier

Scholarships!



Almost all colleges find and recruit students through standardized test scores. Zinch allows students to be seen for what they are -- not just numbers, but people. With more than 800 schools and over \$1.9 billion in scholarships, Zinch has quickly become the standard for helping students succeed.

For more information please visit their website www.zinch.com



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FREE Tutoring!



Students of any age can get homework help from tutors at some branch libraries or at home through the library's online services. Expert tutors are available for one-on-one consultation through the library's website (www.sandiegolibrary.org) using **Help Now!** Contact individual branches or the Young Adult Services coordinator at the Central Library for details about in-library tutors. **Help Now!** is live from 1pm-10pm, offers tutoring in math, science, English and social studies and can be accessed with either a library card or a digital key provided by a classroom teacher. Spanish-speaking tutors also are available.



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